



Association for Teen-Age Diplomats

Rochester, New York



International Student --- 2025-2026 School Year

CONTACT: Sue Isgrigg 585-703-7326

Name: Antonina
From: Poland
Birthday: 9/29/2009
Mother: Management Assistant
Father: Warehouse Employee
Siblings: 1 sister
English: Nine and a half years
Italian: One and a half years
Academic interests: Art History and English
Other interests: Dance, Drawing, Painting

Antonina is a 15-year-old girl from Krakow, Poland. She lives in a nice village called Biorkow Maly which is 20 minutes from Krakow. Antonina lives with her mom, dad and younger sister. Her mom is very supportive and patient. Dad is hardworking and creative. Her sister Zuzia is 2 years younger than her. They get along well, share things and help one another. Antonina also has 2 large dogs that she cares for. She enjoys taking them for walks, playing with and caring for them. Antonina describes herself as very creative. She enjoys painting, drawing and reading. She loves to dance and is in a k-pop cover group. Antonina can be shy and quiet at first, but can be very talkative after getting to know people more. She is also very patient, empathetic and ambitious.

Her teachers describe Antonina as calm and easy going. She is respectful of both her teachers and peers. She engages in activities and completes tasks with enthusiasm. She is very observant and focused on school lessons. Antonina is an avid reader and is very good at coming up with interesting stories for writing assignments. Her biggest strength is her ability to connect with others with her cheerful and positive attitude.

Antonina is very excited for the opportunity to study in the US. She wants to discover American culture first hand, learn new things, make friends and experience what life has to offer. Antonina wants an open and honest relationship with her host family. She wants to receive feedback if she is not doing something right and expects to have responsibilities at home to do chores. She hopes this experience will help her to improve on her language skills and share her country and culture with others.